



## Curriculum Map: Year 10 PSHCE *\*Sequence of delivery subject to change*

Text in purple denotes content delivered by specialist staff and/or external agencies

	Half Term 1*	Half Term 2*	Half Term 3*	Half Term 4*	Half Term 5*	Half Term 6*
<b>Topic</b>	Health and Wellbeing- Mental health, transition and change	Living in the wider world- financial decision making	Relationships- Relationships, sex and expectations	Health and Wellbeing- Exploring influence and the media	Relationships- Addressing extremism and community cohesion	Living in the wider world- Work experience and readiness for work
<b>Intent</b>	Teach students to understand British values of respect, tolerance, law and democracy which underpin our school value of kindness. Develop students' empathy and compassion, both independently and collectively as a community, acting with courtesy and kindness at all times. Develop digital and personal resilience enabling students to make informed and safe choices.	Developing self-efficacy creating ambitious and resilient students who are able to learn from their mistakes and move forward with ambition.	Developing students to celebrate difference as a positive ensuring that all feel like they belong at BBEC. Teach the law regarding protected characteristics so that they can become responsible citizens actively countering discrimination.	Increase awareness of the impact of positive and negative influences and develop digital and personal resilience enabling students to make informed choices.	Understanding of what healthy relationships look like so that they can keep themselves and others safe. Forge a clear understanding that actions have consequences. Celebrate and understand the different communities in Bradford, in Great Britain and in the world we inhabit today.	Developing self-efficacy creating ambitious and resilient learners who are able to learn from their mistakes and move forward with ambition. Developing digital and personal resilience enabling students make informed and safe choices.
<b>Key Knowledge</b>	How can I manage challenges during adolescence? How can I reframe negative thinking? How can I manage my own mental and physical health in times of stress and pressure? What are the signs of emotional and mental ill-health? How can I access support and treatment for mental health issues?	What are my rights and responsibilities linked to financial decision making? How can I manage financial risks? How can I manage a wage and budget effectively? How can I manage debt and understand credit and pay day lending? What is targeted advertising?	What role should pleasure have in a relationship? What assumptions and myths are linked to sex, gender and relationships? What are the risks and opportunities of online relationships? What are the ethical and legal implications of consent? What affects the capacity to consent?	What are positive and negative role models? How can I become a positive role model for others? What role does the media have in the perception of gangs? What impact can alcohol and drugs have on decision making and relationships? How can I stay safe in social situations?	What is community cohesion? How does the Equalities Act link to our personal values? Why is diversity and inclusion important in maintaining mutual respect and understanding? How can social media distort or misrepresent information? How can I manage misleading information?	How can I evaluate my strengths and interest in relation to career choices? What opportunities are available to me in the world of work? What strategies can I adopt to overcome adversity? How can I volunteer in the community? How can I manage health and safety in the wider world? How can I build upon what I have learned during work experience? What is the difference between pornography and what happens in real life?

	How can we as a community challenge stereotypes and misinformation linked to mental health? What is parliamentary democracy and what are the elements of the British constitution? How do we hold those in power to account?	What is gamblers' fallacy? What is the relationship between gambling and debt? What are the legal implications of fraud and cybercrime? What are appropriate behaviours?	How can I respond positively to peer pressure and coercion? What is victim blaming and how can we challenge it? What role can abstinence, asexuality and celibacy have in relationships? How can I assess a casualty and administer CRP and operate a defibrillator?	How can I manage influence linked to crime and substance abuse? Where can I seek help and how can I apply exit strategies to difficult situations?	How can I safely challenge discrimination? How can I recognise extremism and radicalisation?	Why can pornography be harmful? What does sexual bullying and harassment look like? Why do people send sexual images? What are the effects of sexual bullying on the victim? How can I identify the suitability of different methods of contraception? How can I make an informed decision on sexual activity? Where can I access help and support regarding sex and sexual health and STIs? What are the signs and stages of pregnancy, miscarriage and choices around adoption?
<b>Key Skills</b>	Developing emotional intelligence and strategies to cope with mental and physical illness.	Developing financial literacy and the impact of poor financial decision making.	Understanding the different contexts of consent. Understanding the implications of the law and consent.	Informed and safe decision making.	Challenging discrimination and managing influence.	Employability and evaluating strengths and weaknesses. Maintaining healthy relationships and making safe and informed decisions linked to sex and contraception.
<b>Key Vocabulary</b>	Stigma Misinformation	Freud Financial Literacy Cybercrime	Abstinence Ethics Asexuality Celibacy	Exit strategies	Discrimination Prejudice Radicalisation	Pornography Employability Contraception
<b>Key Reading</b>	Weekly in the news article. Local, national and international news stories.					
<b>End Point</b>	Understanding the changes of adolescence.	Understanding the benefits of financial literacy.	Developing emotional and social intelligence.	Understanding the dangers of risky behaviours.	Ability to critically assess information and make informed decisions.	Understanding the importance of work experience. Knowledge of safe relationships and how to manage contraception.
<b>Form of Assessment</b>	Questioning; mini whiteboard responses; half termly multiple choice quizzes; student voice.					