



PSHCE/RSE Curriculum Map: Year 7

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	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Topics	<u>Online and in-school safety</u> <u>Democracy</u> <u>Mutual respect</u>	<u>Tolerance of different faiths/cultures and protected characteristics</u> <u>Kindness to others</u>	<u>Healthy living</u> <u>First aid</u>	<u>Careers and ambitions</u> <u>Skills for the future</u>	<u>Rights and Responsibilities</u> <u>The rule of law</u>	<u>Safety</u> <u>Healthy coping strategies</u> <u>Relationships and Sex Education (delivered in RE)</u>
Intent	<ul style="list-style-type: none"> • Develop a deep understanding of the importance of being an active citizen in modern Britain, who makes a positive contribution to school and the wider community • Teach students to understand British values of respect, tolerance, law and democracy which underpin our school value of kindness • Develop digital and personal resilience enabling students to make informed and safe choices 	<ul style="list-style-type: none"> • Ensure that students have a clear understanding of what healthy relationships look like so that they can keep themselves and others safe • Teach students the law regarding protected characteristics so that they can become responsible citizens actively countering discrimination • Celebrate and understand the different communities in Bradford, in Great Britain and in the world we inhabit today • Develop students so that they 	<ul style="list-style-type: none"> • Develop digital and personal resilience enabling students to make informed and safe choices • Teach children how to make informed and safe choices to look after their own and others' physical/mental wellbeing • Develop a deep understanding of the importance of being an active citizen in modern Britain, who makes a positive contribution to school and the wider community 	<ul style="list-style-type: none"> • Developing self-efficacy creating ambitious and resilient learners who are able to learn from their mistakes and move forward with ambition • Provide opportunities for students to develop numeracy skills ensuring future financial literacy 	<ul style="list-style-type: none"> • Develop a deep understanding of the importance of being an active citizen in modern Britain, who makes a positive contribution to school and the wider community • Provide opportunities for students to develop numeracy skills ensuring future financial literacy • Forge a clear understanding that actions have consequences 	<ul style="list-style-type: none"> • Develop digital and personal resilience enabling students to make informed and safe choices • Teach children how to make informed and safe choices to look after their own and others' physical/mental wellbeing -Ensure that students have a clear understanding of what healthy relationships look like so that they can keep themselves and others safe.

		celebrate difference, ensuring that all feel like they belong at BBEC				
Key Knowledge Learning intentions	<p>Where can I access help and support inside of school and from external agencies?</p> <p>What do lanyards mean for different members of staff?</p> <p>How do I keep myself safe online?</p> <p>What is democracy?</p> <p>Why is voting important?</p> <p>How do our actions affect others?</p> <p>How can we show mutual respect in and out of school?</p> <p>How to recognise and report risky online content?</p>	<p>What are positive and negative influences?</p> <p>How can I be affected by peer pressure?</p> <p>How can social media affect our mental wellbeing?</p> <p>How should we show kindness to others by thinking about our actions online and offline?</p> <p>What is the Equality Act 2010?</p> <p>What are the protected characteristics?</p> <p>What is discrimination?</p> <p>How can discrimination lead to prejudice and stereotyping?</p>	<p>What are the links between physical and mental wellbeing?</p> <p>What does a healthy, balanced diet look like?</p> <p>How can we ensure we use physical activity to look after our physical and mental wellbeing?</p> <p>What are the benefits of good oral hygiene?</p> <p>How do our sleep habits affect our wellbeing?</p> <p>What does addiction mean?</p> <p>What can people become addicted to?</p> <p>What are the harmful effects of vaping and other addictive substances?</p> <p>How is basic life support administered?</p> <p>How do I carry out a primary survey?</p>	<p>What is the difference between a job and a career?</p> <p>What are my future options for employment?</p> <p>How can I begin to target set for the future?</p> <p>What is time management and how can I use it effectively?</p> <p>What are leadership skills?</p> <p>What is professionalism?</p> <p>What are SMART targets and how can we use them?</p>	<p>What are rights?</p> <p>What are responsibilities?</p> <p>What are human rights and how do they impact people around the world?</p> <p>What is the rule of law and why is it a fundamental British value?</p> <p>What role does the law play in our lives?</p> <p>What does it mean to be an active and responsible citizen?</p> <p>How can we show mutual respect?</p> <p>What different families/partnerships exist?</p>	<p>How to keep safe around sun and water</p> <p>How to deal with conflict with peers, adults and ourselves.</p> <p>What are healthy and unhealthy coping strategies?</p> <p>How to recognise mental ill health and which coping strategies to use to deal with intense emotions.</p> <p>Meaning of identity and values.</p> <p>Analyse the factors that influence our values.</p> <p>Meaning of friendships, particularly healthy and unhealthy friendships.</p> <p>Understand concepts of boundaries and assertiveness.</p> <p>Explore ways to Stay safe.</p> <p>Recognise types of abuse (FGM, forced</p>

						<p>marriages, honour based abuse, child exploitation)</p> <p>Recognise the characteristics of a safe relationship and where to get help for yourself or someone else.</p> <p>Identify key bodily changes that occur during puberty.</p>
Key Skills	<p>Recognising how to keep safe both inside and outside of school</p> <p>Understanding the fundamental British value of democracy in the UK and worldwide</p> <p>Understanding mutual respect as part of fundamental British values</p>	<p>Recognising how to spot positive and negative influences</p> <p>Understanding how social media can affect our own and others' wellbeing</p> <p>Understanding the laws in place designed to ensure equality for all in the UK.</p> <p>Understanding the effects of discrimination, prejudice and stereotyping</p>	<p>Understanding how to make informed choices about looking after our minds and bodies.</p> <p>Develop a understanding of basic life support.</p> <p>Understanding how to resist influence with regards to addictive substances.</p>	<p>Understanding the range of employment and educational options available for the future.</p> <p>Develop aspiration for the future and how to prepare for future ambitions by developing key skills needed for employment and education.</p>	<p>Understanding how key rights and responsibilities play an important role in modern Britain and beyond.</p> <p>Develop an understanding of the rule of law and mutual respect.</p>	<p>Understanding how to keep safe ahead of summer</p> <p>Recognising when to use healthy coping strategies in order to deal with intense emotions and conflict with others</p>
Key Vocabulary	<p>Values</p> <p>Courtesy</p> <p>Kindness</p>	<p>Influence</p> <p>Peer pressure</p> <p>Social media</p>	<p>Wellbeing</p> <p>Addiction</p> <p>Coping strategies</p>	<p>Career paths</p> <p>Ambition</p> <p>Leadership</p>	<p>Citizenship</p> <p>Rights</p> <p>Responsibilities</p>	<p>UV</p> <p>Safety</p> <p>Emergency response</p>

	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice	Scenario-based assessments Recap and recall questions CfU questioning MWB Student voice
Enrichment opportunities	External speakers/workshops Assemblies BBEC Pride event					
Leadership opportunities	Regular student voice to be collated and shared with prefects/SLT					



AMBITION



RESILIENCE



COURTESY



KINDNESS