## Support for issues around mental health

• Our first priority is to keep young people safe.

Good mental health is very important for young people. BBEC uses VIP lessons to learn about mental health and the issues surrounding it. BBEC also has trained staff who can deal with concerns around mental health.

If you have concerns around the mental health of anyone who attends BBEC please contact the welfare team on 01274 676285.

You can find further information using these links.



#### Mind

Advice around mental health for both parents and students.

**Home - Mind** 



# **Young Minds**

Advice around mental health for both parents and students.

**YoungMind** 



## Place 2 Be

Advice around how parents can support their child.

**Improving children's menta** 



#### **NSPCC**

Advice around noticing signs regarding mental health.

NSPCC | The UK children's charity | NSPCC



#### NHS

National Health Service

The NHS website - NHS (www.nhs.uk)









