BBEC Physical Education

Curriculum KS3



Overview

The Physical Education curriculum teaches students **skills, techniques** and **tactics** of a wide range of sports. Students will learn about **rules** and **regulations** of these sports and also be given the opportunity to **evaluate** their **performance** and the performance of others. Students will be given the opportunity to become **leaders** either by delivering a **warm-up** or **coaching** partners or a small group in order to help them to improve.



Your child will study:

- Netball
- Football
- Rugby
- Trampolining
- Fitness
- Dance
- Gymnastics
- Volleyball
- Hockey
- Cricket
- Athletics
- Tennis
- Rounders

Developing Key Skills

- Performance
- Leadership
- Evaluation
- Teamwork
- Technique
- Tactics
- Rules & Regulations

