

Curriculum Map: Year 10 Health and Social Care

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Topic	Component 1- Human Lifespan Development-Learning Aim A- Life stages	Component 1- Human Lifespan Development-Learning Aim A- Life stages	Component 3- Health & Wellbeing	Component 3- Health & Wellbeing	Component 1- Human Lifespan Development-Learning Aim B- Life Events	Component 1- Human Lifespan Development-Learning Aim B- Life Events
Intent	Students explore different aspects of growth & development across the 6 life stages	Students demonstrate their knowledge by completing the official coursework assignment brief.	Students will explore how factors can affect an individual's health and wellbeing positively & negatively.	Students will interpret health indicators and design a health and wellbeing improvement plan.	Students will explore the impact of expected and unexpected life events on people's health and wellbeing.	Students demonstrate their knowledge by completing the official coursework assignment brief.
Key Knowledge	PIES Development Infancy 0-2 Early Childhood 3-8 Adolescence 9-18 Early Adulthood 19-45 Middle Adulthood 46-65 Later Adulthood 65+	Physical factors Social Factors Economic Factors	Physical factors Genetic Inheritance Amount of exercise Diet Ill Health Stress Substance Abuse Personal Hygiene	Physiological indicators BMI Peak Flow Pulse Rate Blood Pressure Recommendations Risks to health Potential Obstacles	Life events Expected Marriage Parenthood Divorce Unexpected Redundancy Imprisonment Exclusion	Adapting to life events Types of support Emotional Practical Information & Advice Sources of support Family & Friends Professional carers Voluntary groups
Key Skills	Learn to research using IT and secondary sources.	Recall of knowledge & information. Apply knowledge to coursework task.	Learn how to answer exam questions. Apply theory to case study examples.	Develop exam technique. Develop and use revision resources.	Learn to research using IT and secondary sources.	Recall of knowledge & information. Apply knowledge to coursework task.
Key Vocabulary	Physical Intellectual Emotional Social Development	Lifestyles Cultural Isolation Economic	Factors Lifestyle	Interpreting Data Person-Centred Recommendations Circumstances	Expected Unexpected Bereavement Retirement Relationships	Adapting Support Formal Informal
Key Reading	Pearson H&SC Student Book	Pearson H&SC Student Book	Pearson H&SC Revision Guide	Pearson H&SC Revision Guide	Pearson H&SC Student Book	Pearson H&SC Student Book
End Point	Complete the LAA work booklet.	Complete first draft of LAA coursework assessment.	Complete the theory. Attempt practice exam questions.	Complete external examination.	Complete the LAB work booklet.	Complete first draft of LAB coursework assessment.

Form of Assessment	Coursework	Coursework	External Examination	External Examination	Coursework	Coursework
Enrichment opportunities	Guest Speakers, participating in a health and wellbeing drop in clinic					
Leadership opportunities	Students select their own favourite celebrity to research.	Students independently work through their first assignment to a formal deadline.	Students plan their own health independence by analysing their diet & hygiene.	Students hold a lunch time drop-in clinic for staff to have their health ranges measured e.g. blood pressure.	Students select and interview a real individual to learn about their life experiences.	Students independently work through their second assignment to a formal deadline.